

FuZzCasT CONFIDENTIAL

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Comprehension and Control - Believe in yourself

Treatment Resistant Schizophrenia Understanding

If your doctor declines to change your meds you can have a second opinion against their decisions in some mental health clinics. This can change your meds but if you still end up in a situation where they refuse to supply clozapine because of whatever reason they claim to be you need to learn to adapt to your environment.

You find if your brain is experiencing stories being fed to you every time you are in a good mood then that means you can utilize the story and do a simple activity around like listening to music and playing a video game. This can even give your brain ideas to play along with the situation. I have negative symptoms of Schizophrenia and have been told I am treatment resistant by one of psychiatrist I use to see. You need to understand they may want data for reasons why these meds do not work. Instead of perceiving the situation in a negative view why not consider using it to your advantage instead. If you need information to prove they need this data then you can look it up on google and see the tested medications by doctor research results and you will see then.

Have fun! And just understand whatever you experience that no matter what happens you can always rely on people for verification if everything is ok. Witness everything, they claim to happen not happen to you while you are awake when you verify through good people it is not true.

Good luck and thanks for reading!